



SOLUTIONS FOR HOME AND COMMUNITY BASED SERVICES



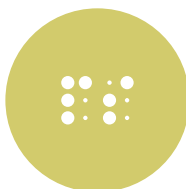
René Zelt



WHAT ARE HOME AND COMMUNITY BASED SERVICES (HCBS)?



INDIVIDUALIZED SERVICES AND SUPPORTS FOR INDIVIDUALS WITH AN INTELLECTUAL DISABILITY WHO ARE LIVING WITH THEIR FAMILY, IN THEIR OWN HOME, OR IN OTHER COMMUNITY SETTINGS, SUCH AS SMALL GROUP HOMES.



A MEDICAID WAIVER PROGRAM THAT SUPPLIES SERVICES AND SUPPORTS TO INDIVIDUALS WITH AN INTELLECTUAL DISABILITY (ID) OR A RELATED CONDITION SO THAT THEY CAN LIVE IN THE COMMUNITY.



INTENDED TO SUPPLEMENT RATHER THAN REPLACE SERVICES RECEIVED FROM OTHER PROGRAMS, SUCH AS TEXAS HEALTH STEPS, OR FROM NATURAL SUPPORTS, INCLUDING FAMILIES, NEIGHBORS, OR COMMUNITY ORGANIZATIONS.

HOME AND COMMUNITY BASED SERVICES (HCBS) SETTINGS RULE

A federal regulation that defines **standards** for settings where Medicaid HCBS services are provided using federal funding.

The final Rule was issued March of 2014. States have until **March of 2022** (8 years) to bring all existing HCBS settings into compliance with all the standards in the Rule.

RESIDENTIAL AND NON-RESIDENTIAL PROVIDERS



Must ensure:

- Integration and access to the community
- Employment and work in competitively integrated settings
- Gaining independence and developing independent living skills
- Individual initiative, autonomy, and independence

IN THE SCHOOL SETTING



- Prepare ALL students to live and work in their community
- Provide real life experiences to:
 - Learn to take care of themselves
 - Understand the need for personal hygiene
 - Have work experiences in the community
 - Look forward to living in their community with individualized supports as needed

FOR FAMILIES



- Help your child identify and articulate their personal dreams and goals
- Attend Person-Centered Planning (PCP) meeting and create steps to meet your child's needs and goals
- Identify settings that promote access to the community, independence, and individual rights

ATTAINMENT'S HOME AND COMMUNITY-BASED SERVICES SOLUTION

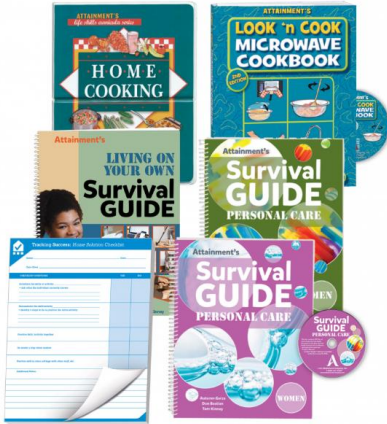


- Provides learning objectives and activities to develop needed skills for success in the community.
- Activities support the development of independent skills in the following areas:
 - Home
 - Community
 - Health and Social Skills
 - Pre-Vocational

HOME

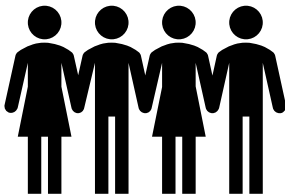
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HOME SOLUTION



- Includes activities to teach independent living skills:
 - cooking
 - menu planning
 - purchasing
 - personal care
 - living on your own
 - social skills

COMMUNITY

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COMMUNITY SOLUTION



- Includes activities to support integration and access to the community:
 - accessing the community as a consumer
 - using cue cards
 - mobility training
 - financial literacy
 - safety skills
 - signs
 - leisure time

HEALTH AND SOCIAL SKILLS

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HEALTH & SOCIAL SOLUTION

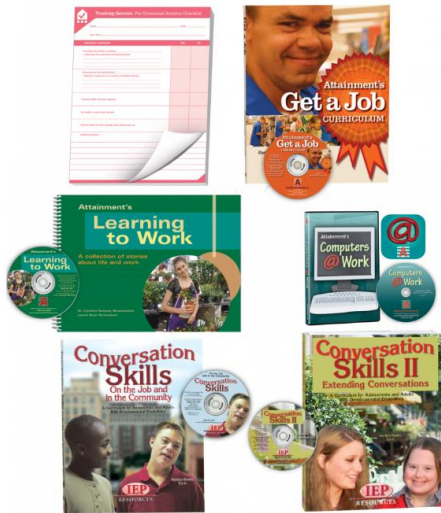


- Includes activities that support developing individual initiative, autonomy, and independence related to:
 - relationships
 - physical and mental health
 - healthcare access
 - healthy eating
 - wellness
 - lifestyle choices
 - sexuality

PRE-VOCATIONAL

[illegible]

PRE-VOCATIONAL SOLUTION



- Includes activities to support employment and work in competitively integrated settings by teaching:
 - use of computers
 - data entry
 - employability skills
 - functional vocabulary
 - soft skills
 - conversational skills

TRACKING SUCCESS

- Identify goals and benchmarks
- Progress monitoring
- Documentation of opportunities



- Activities can be offered as workshops or classes for clients, participants, or residents to develop skills toward independence and community inclusion.
- The workshop or class begins with instruction in the skill to be learned or practiced, which is then used in a variety of environments and settings.
- Activities provide real-time, easy assistance for staff to help clients, participants, or residents learn and practice a variety of skills to increase their independence and integration skills for supported living, entry-level employment, and community inclusion.
- Activities and materials include community-based activities to gain real-life experiences.
- Outcome-based checklists to demonstrate how your organization meets HCBS requirements

HOME AND COMMUNITY BASED SERVICES SOLUTION ACTIVITIES

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